

Section 1 - Patient Demographics:								
First Name:	Middle:	La	ast Name:					
Date of Birth: / /	Age:	Ge	ender (circle): M / F					
Address:								
City:	St	tate:	Zip:					
Preferred Phone:		Se	econdary Phone:					
Email Address:		·						
Referred By:								
Occupation:								
Height:	Weight:							

Section 2 – Present Health and/or Nutritional Concerns:						
What health and/or nutrition concerns would you like to focus on during your visit?						
#1						
#2						
#3						
#4						

Section 3 - Medical History:							
Please check "YES" for the health conditions your doctor has diagnosed, and record the approximate date of onset.							
GASTROINTES	TINAL		INFLAMMATORY/AUTOIN	IMUNE	1		
Condition	Yes	Date Onset	Condition	Yes	Date Onset		
Irritable Bowel Syndrome (IBS)			Chronic Fatigue Syndrome				
Inflammatory Bowel Syndrome			Rheumatoid Arthritis				
Crohn's Disease			Lupus / S.L.E.				
Constipation			Frequent Infections				
Ulcerative Colitis			Severe Infectious Disease				



Celiac Disease	Herpes	
Gastric/Peptic Ulcer Disease	Gout	
GERD, Reflux/Heartburn	Polymyalgia Rheumatica	
Hepatitis C or Liver Disease	Other:	
Food Intolerance		
Other:		

RESPIRATORY		MUSCULOSKELETAL / PAIN			
Condition	Yes	Date Onset	Condition	Yes	Date Onset
Asthma			Osteoarthritis		
Chronic Sinusitis			Chronic Pain		
Sleep Apnea			Fibromyalgia		
Bronchitis/Emphysema			Migraine Headaches		
Tuberculosis			Other:		
Other:					

CARDIOVASCULAR		URINARY / REPRODUCTIVE			
Condition	Yes	Date Onset	Condition	Yes	Date Onset
Heart Disease / Heart Attack			Kidney Stones		
Stroke			Urinary Tract Infections		
Elevated Cholesterol			Yeast Infection		
Irregular Heart Rate			Prostate Problems		
High Blood Pressure			Erectile Dysfunction		
Other:			Painful Intercourse		
			Endometriosis		
			Other:		

NEUROLOGICAL / BRAIN		METABOLIC / ENDOCRINE			
Condition	Yes	Date Onset	Condition	Yes	Date Onset
Depression			Type I or II Diabetes		
Anxiety			Metabolic Syndrome (X)		



NEUROLOGICAL / BRAIN		METABOLIC / ENDOCRINE			
Condition	Yes	Date Onset	et Condition Yes		Date Onset
Bipolar Disorder			Hypoglycemia		
ADD/ADHD			Hypo/Hyperthyroidism		
Multiple Sclerosis			Polycystic Ovarian Syndrome (PCOS)		
Seizures			Infertility		
Anorexia Nervosa			Other:		
Bulimia					
Unspecified Eating Disorder					
Parkinson's Disease					
Alzheimer's					
Other:					

DERMATOLOGICAL		CANCER: Please list type(s) and treatments			
Condition	Yes	Date Onset	Condition	Yes	Date Onset
Eczema			1: Type:		
Psoriasis			Treatment:		
Acne			2: Type:		
Other:			Treatment:		
			3: Type:		
			Treatment		
			4: Type:		
			Treatment:		

Section 4 - Additional Health Conditions Your Doctor Has Diagnosed:



Section 5 - Please list any previous injuries, surgeries, and hospitalizations. Provide your age and date of incident if known:

Section 6 - Birth History:	
Vaginal or C-Section? (check) Vaginal \Box C-Section \Box	Were you breast fed as an infant? (check) Yes \Box No \Box

Section 7 - Please list any current Medications and/or Vitamins/Supplements you take and the dosage:									
	Medication or Vitamin	Dosage	Frequency						
Example:	Vitamin C	500mg	1x/day						

Section 8 – Diagnosis Codes - To Be Filled Out by Doctor